

# FIRST AID COURSE REQUIREMENTS

**Please direct questions about first aid courses to your first aid course provider.**

Course Name:	Basic First Aid with CPR Level C and AED	Intermediate First Aid with CPR Level C and AED	Basic Life Support (Provider)
Also Known As:	First Aider I	First Aider II	BLS Provider
Formerly Known As:	Emergency First Aid, CPR (level A, B or C)	Standard First Aid	Health Care Provider (HCP)
Durations:	1 day (8 hours)	2 days (16 hours)	Minimum 4 hours
General Descriptions:	<ul style="list-style-type: none"> <li>• Basic First aid situations such as choking, bleeding, asthma, allergies.</li> <li>• CPR Level C (adult/infant/child)</li> <li>• AED (defibrillator)</li> <li>• Generally aimed at individuals working within 30 minutes of a medical facility in low hazard work environments. Examples: day cares, nursery school, educational support staff, teachers, office workers and parents.</li> </ul>	<ul style="list-style-type: none"> <li>• A more thorough coverage of first aid situations including choking, bleeding, asthma, allergies, environmental exposure, broken bones, and splints.</li> <li>• CPR Level C (adult/infant/child)</li> <li>• AED (defibrillator)</li> <li>• Generally aimed at individuals working more than 30 minutes from a medical facility or in higher hazard workplaces. Examples: major workplaces, industrial environments, law enforcement, fire fighters, lifeguards, construction, some health care workers.</li> </ul>	<ul style="list-style-type: none"> <li>• Bag valve mask</li> <li>• Two-person rescuer CPR</li> </ul>
Links to Possible Course Providers:	<a href="#">Red River College (BLS Provider Course only)</a> <a href="#">St. John Ambulance</a> <a href="#">Heart and Stoke Foundation</a> <a href="#">Red Cross</a> <a href="#">St Mark James Training</a>		
<b>ADMISSION REQUIREMENT PROGRAMS: Submit proof of completion of First Aid WITHIN 30 DAYS OF APPLYING to RRC:</b>			
DCS - Echocardiography		Intermediate First Aid w/CPR Level C & AED	
DMS - Ultrasound		Intermediate First Aid w/CPR Level C & AED	
Medical Laboratory Sciences		Intermediate First Aid w/CPR Level C & AED	
Medical Radiologic Technology		Intermediate First Aid w/CPR Level C & AED	
Nursing			Basic Life Support (Provider)
Nursing – LPN to BN Pathway			Basic Life Support (Provider)
Paramedicine-PCP			Basic Life Support (Provider)
Admission Requirement Programs Submission Instructions:	<p><b>Upload Through Your Future Student Account</b></p> <ul style="list-style-type: none"> <li>• Scan your card/certificate and save the file</li> <li>• Go to <a href="http://www.rrc.ca/apply">www.rrc.ca/apply</a> and log in</li> <li>• Click on your application, then Supplemental Items &amp; Documents</li> <li>• Find the First Aid item - click on Browse</li> <li>• Find the file you saved and double click on it</li> <li>• Click on Upload. Status should read received</li> </ul> <p><b>Fax</b> Fax your to 204-697-0584 or your nearest <a href="#">Regional Campus</a></p> <p><b>Mail or In-Person</b> Submit to one of the Student Service Centres listed below or your nearest <a href="#">Regional Campus</a></p>		
<b>PROGRESSION REQUIREMENT PROGRAMS: Submit proof of completion of First Aid TO YOUR INSTRUCTOR AFTER STARTING RRC CLASSES:</b>			
Child and Youth Care	Basic First Aid w/CPR Level C and AED		
Dental Assisting	Basic First Aid w/CPR Level C and AED		
Disability & Community Support		Intermediate First Aid w/CPR Level C & AED	
Health Care Aide			Basic Life Support (Provider)
MRI and Spectroscopy		Intermediate First Aid w/CPR Level C & AED	