

FIRST AID COURSE REQUIREMENTS

Please direct questions about first aid courses to your first aid course provider.

Course Name:	Basic First Aid with CPR Level C and AED	Intermediate First Aid with CPR Level C and AED	Basic Life Support (Provider)
Also Known As:	First Aider I	First Aider II	BLS Provider
Formerly Known As:	Emergency First Aid, CPR (level A, B or C)	Standard First Aid	Health Care Provider (HCP)
Durations:	1 day (8 hours)	2 days (16 hours)	Minimum 4 hours
General Descriptions:	<ul style="list-style-type: none"> • Basic First aid situations such as choking, bleeding, asthma, allergies. • CPR Level C (adult/infant/child) • AED (defibrillator) • Generally aimed at individuals working within 30 minutes of a medical facility in low hazard work environments. Examples: day cares, nursery school, educational support staff, teachers, office workers and parents. 	<ul style="list-style-type: none"> • A more thorough coverage of first aid situations including choking, bleeding, asthma, allergies, environmental exposure, broken bones, and splints. • CPR Level C (adult/infant/child) • AED (defibrillator) • Generally aimed at individuals working more than 30 minutes from a medical facility or in higher hazard workplaces. Examples: major workplaces, industrial environments, law enforcement, fire fighters, lifeguards, construction, some health care workers. 	<ul style="list-style-type: none"> • Bag valve mask • Two-person rescuer CPR
Links to Possible Course Providers:	Red River College (BLS Provider Course only) St. John Ambulance	Heart and Stoke Foundation Red Cross	
ADMISSION REQUIREMENT PROGRAMS: Submit proof of completion of First Aid WITHIN 30 DAYS OF APPLYING to RRC:			
DCS - Echocardiography		Intermediate First Aid w/CPR Level C & AED	
DMS - Ultrasound		Intermediate First Aid w/CPR Level C & AED	
Medical Laboratory Sciences		Intermediate First Aid w/CPR Level C & AED	
Medical Radiologic Technology		Intermediate First Aid w/CPR Level C & AED	
Nursing			Basic Life Support (Provider)
Nursing – LPN to BN Pathway			Basic Life Support (Provider)
Paramedicine-PCP			Basic Life Support (Provider)
Admission Requirement Programs Submission Instructions:	Upload Through Your Future Student Account <ul style="list-style-type: none"> • Scan your card/certificate and save the file • Go to www.rrc.ca/apply and log in • Click on your application, then Supplemental Items & Documents • Find the First Aid item - click on Browse • Find the file you saved and double click on it • Click on Upload. Status should read received 		Fax Fax your to 204-697-0584 or your nearest Regional Campus Mail or In-Person Submit to one of the Student Service Centres listed below or your nearest Regional Campus
PROGRESSION REQUIREMENT PROGRAMS: Submit proof of completion of First Aid TO YOUR INSTRUCTOR AFTER STARTING RRC CLASSES:			
Child and Youth Care	Basic First Aid w/CPR Level C and AED		
Dental Assisting	Basic First Aid w/CPR Level C and AED		
Disability & Community Support		Intermediate First Aid w/CPR Level C & AED	
Health Care Aide			Basic Life Support (Provider)
MRI and Spectroscopy		Intermediate First Aid w/CPR Level C & AED	